FREEZER INVENTORY

# What's in the freezer

Every freezer has a mystery container. It's brown. It's frozen solid. This sheet makes sure it's the last one.

My Tomte

Started _____

1. **Label it going in,** with the name and the date.
2. **Write it here** at the same time.
3. **Oldest to the front,** new things to the back.
4. **Plan one freezer meal** a week.

| ITEM<br>"Bolognese", not "brown stuff" | FROZEN<br>DD/MM | PORTIONS LEFT<br>Cross one off each time | WHERE<br>Shelf or drawer | OUT<br>Gone |
|---|---|---|---|---|
| *Bolognese (for example)* | *14/09* | ●● ○ ○ ○ ○ | *Top drawer* | ☐ |
| | __/__ | ○ ○ ○ ○ ○ ○ | | ☐ |
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How long things keep: foodsafety.asn.au. **Prefer it done for you?** My Tomte tracks your freezer for you.

meetmytomte.com